



# WARRIOR WIRE™

PARENT NEWS FOR STERLING COLLEGE



**WARRIOR WIRE™**  
PARENT NEWS FOR STERLING COLLEGE

Our purpose of the Warrior Wire Parent E-Newsletter is to support you as a parent so you can better support your student.

## DISCOVER EXCITING HAPPENINGS AT SC

Connecting Sterling College parents every 1st Thursday of the month to your student's life on-campus.



Registrar,  
Kendra Grizzle  
registrar@sterling.edu  
620-278-4278

# REGISTRAR REMINDERS

- Spring Enrollment opened

**Oct. 30th**



# Financial Aid

## The New 2024-2025 FAFSA

<b>The Expected Family Contribution (EFC) is being replaced by the Student Aid Index (SAI).</b>	There is a different methodology to determine Federal need and eligibility for the Pell Grant. This new formula allows a minimum of -1500 SAI and removes the number of family members in college from the calculation.
<b>The FAFSA Form has been streamlined.</b>	The maximum number of questions on the FAFSA has been reduced to 46 from its previous number of 108. Students and families will also notice a better user experience with this new role-based form.
<b>Federal Tax information requires consent.</b>	Each contributor to the FAFSA will need to give consent to retrieve federal tax information from the IRS to determine eligibility. 2022 Taxes will be used for the 2024-2025 FAFSA.
<b>Reduction of barriers for certain student populations.</b>	Under the new FAFSA, certain students will automatically be granted an independent status based on their circumstances.



Mitzi Suhler,  
VP Enrollment Services,  
Director of Financial Aid

Use the SAI Estimator to estimate your federal aid eligibility:

[MORE INFO](#)



STERLING COLLEGE



# Student Accounts



Our Student Accounts is here to help with any financial questions you may have. Contact us at [heidi.linden@sterling.edu](mailto:heidi.linden@sterling.edu) or call 620-278-4201.

Early registration for Spring 2024 classes is now OPEN! Students with an **unpaid fall balance** will have a hold on their student account, and they may be prevented from registering for spring classes. Please, make sure your student has their account taken care of.

[CONTACT US](#)



Heidi Linden,  
Student Account Coordinator  
Kelsey Hall

[studentaccounts@sterling.edu](mailto:studentaccounts@sterling.edu)

620-278-4201



# SPIRITUAL LIFE & MINISTRY

A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.

2023-2024 Verse of the Year, John 13:34-35 (ESV)



During the month of November, we are thrilled to embrace a season to pause and enjoy the company of our friends and family over the Thanksgiving season. More importantly, it's a time for reflection on Jesus Christ and how He sustains and guides our lives.

We have our Heritage Convocation, during which our students will hear from David Earle, Vice President for Advancement and Alumni Relations. The audience will learn about the rich history of Sterling College, including interesting facts about building names, etc. More importantly, the gospel of Jesus Christ remains our cornerstone.

December 9th is approaching rapidly, and our Cusco, Peru Team is working diligently to raise funds to meet our goal as we prepare to serve. Our team will be traveling to Cusco, Peru, from December 9th to 19th, 2023. This team is embarking on a life-changing experience with the aim of sharing the hope of the gospel and being the hands and feet of Christ.

Additionally, we are launching in November the team formation phase for our West Ghana, Africa and Alaska mission trip scheduled for May 2024.

We are calling upon our prayer warriors to cover our mission team and Sterling College in your prayers.



Campus Pastor &  
Missions,  
Jose Carrillo  
[jose.carrillo@sterling.edu](mailto:jose.carrillo@sterling.edu)  
620-278-4278

# Counseling Corner



Counseling Director,  
David Miller  
david.miller@sterling.edu  
620-278-4297

There are concerns and challenges you may face when your child embarks on their college journey. It's a time of excitement, growth, and sometimes, uncertainty. We want to assure you that Sterling College's counseling department is here to support your child's mental and emotional well-being, fostering a safe and thriving campus community.

**Mental Health:** College life can be overwhelming, and we are here to help. Our experienced counselors provide a range of services, from individual therapy to group workshops, to address issues such as stress, anxiety, and depression. Encourage your child to seek support if needed; we are here to listen, understand, and guide them through challenges.

**Relationships:** College is a time of transition and exploration. Our counseling services can assist students in navigating relationships, be it with roommates, friends, or romantic partners. We offer guidance on healthy communication, conflict resolution, and interpersonal skills.



**Substance Abuse:** We understand the importance of addressing substance abuse and its potential impact on students' lives. Our counselors are available to provide education, support, and resources for those struggling with these issues.

**Homesickness:** For many, homesickness is a common challenge when transitioning to college. Our counseling team can help students cope with homesickness, offering strategies for adjusting to their new environment while maintaining connections with loved ones.

Crisis Situations: In the rare event of a crisis situation, we are prepared to respond swiftly. Our crisis intervention team is trained to handle emergencies and provide the necessary support for your child.

At Sterling College, we prioritize your child's well-being, and we encourage open communication between parents and students. We respect the privacy and confidentiality of our students but also appreciate your involvement in their support system. By working together, we can help your child thrive academically, emotionally, and socially.



## SERVICES

Our trauma-informed, culturally sensitive counselors work collaboratively with students to improve their emotional well-being, balance priorities, enhance interpersonal relationship, and develop coping skills. Our services are free and confidential, and we offer a variety of options

- Short-term individual counseling
- Group Counseling
- Crisis Intervention
- Consultation
- Referral Services

## ABOUT US

We are located in Kelsey Hall. Our office hours are Monday - Friday 8AM-5PM. If you need immediate help after office hours and cannot reach the RD or RD on call at 620-278-6218, please call 1-800-875-2544, the Crisis Intervention Hotline for Rice County, KS.

## CONTACT US:

Phone: (620) 278-4297

Email: [counseling@sterling.edu](mailto:counseling@sterling.edu)

# UPCOMING EVENTS



NOV  
5

WWLC SELF DEFENSE CLASS  
@Gleason | 6:30-8:30 PM

[MORE INFO](#)

NOV  
8

INTRAMURAL DODGEBALL  
@Gleason | 8:00 PM

NOV  
11

FCA 5TH QUARTER  
@Gleason | 4-6 PM

NOV  
28

CAM CONCERT  
@Cornerstone | 7 PM

NOV  
30

INTRAMURAL PING PONG  
@Gleason | 8 PM

# IMPORTANT INFO!



- **FINALS EXAM POLICY**
- **FINALS EXAM SCHEDULE**

Reading & Review Day - Dec. 4th  
*(Faculty available, study sessions,  
prep for finals)*

- **FINALS**  
Dec. 5-8th

[READ MORE](#)

## WAYS YOU CAN SUPPORT YOUR STUDENT

- Encourage to read and respond to SC Emails
- Encourage them to attend class
- Advocating for themselves
  - Seek our [Counseling Services](#)
  - Seek [Academic Support](#) (tutoring - in person & online)





# DON'T FORGET!

## MAKE TRAVEL ARRANGEMENTS SOON FOR UPCOMING EXTENDED BREAKS!

**RESIDENCE HALLS CLOSE**

NOV 17 @ 5PM

**THANKSGIVING BREAK**

NOV. 20-24

**RESIDENCE HALLS OPEN**

NOV. 26 @ 8AM

**RESIDENCE HALLS CLOSE**

DEC. 8 @ 5PM

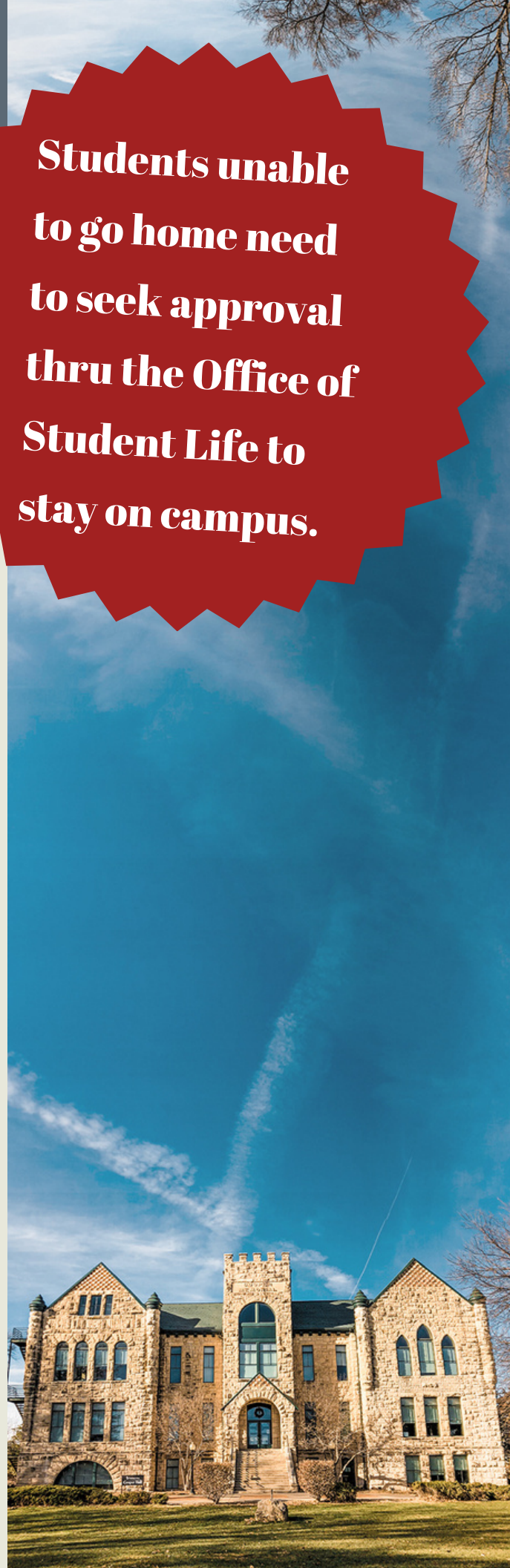
**WINTER BREAK (CAMPUS CLOSED)**

DEC. 22-JAN. 1

**RESIDENCE HALLS OPEN**

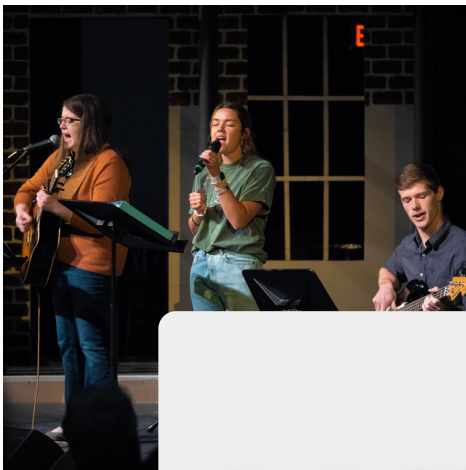
JAN. 8 @ 8AM

**Students unable  
to go home need  
to seek approval  
thru the Office of  
Student Life to  
stay on campus.**



# Our mission:

*To develop creative and thoughtful leaders who understand a maturing Christian faith.*



# CONNECT WITH US



**WARRIOR WIRE**  
PARENT NEWS FOR STERLING COLLEGE



620-278-4232



studentlife@sterling.edu



@scwarriors studentlife



@SCStuLife



@SCStuLife